

# NEWSLETTER

**Great news we have secured funding for a further year  
to run courses in the North West**

**This thanks to The Westminster Foundation, Highland Council Ward Discretionary  
Fund and Highlife Highland.**

**This means we will be able to employ somebody for 10 hours a week to run the office in  
the High School PLUS plan and organise our courses for a separate fee**

**We will be advertising this post very soon.**

**Meantime we have already set up 3 courses which will run before Christmas. They are:**

## **FABRIC CRAFT/ DRESSMAKING**

**with Sarah Fuller on a Monday afternoon in the High School. Starting 26<sup>th</sup>  
October from 2.00 to 4.00pm**

## **YEAST COOKERY / BREAD MAKING**

**Saturday 28<sup>th</sup> November 10.00am to 4.00pm**

**With Kirsty Holland in the High School**

## **FIRST RESPONSE FIRST AID**

**With Jasmine Campbell & Kirstie Holland our local ambulance team.**

**In the High School 2 x 2 hour sessions.**

**This could also be run in Durness in the New Year**

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**IF YOU WOULD LIKE MORE INFO OR TO REGISTER TO ATTEND ANY OF THESE  
COURSES PLEASE RING OR EMAIL**

**SHEILA FRAZER 01971 511208 [saflo@btinternet.com](mailto:saflo@btinternet.com)**

**Also please let us know if you have any subjects you would like a course or workshop on. Then if there  
enough folk with a similar idea we can set one up.**

**We now have a vacancy on our management committee for 2 new members due to folk  
moving from the area.**

**We meet 4 times a year in the High School. Its fresh ideas and opinions we need and  
there is no paperwork involved.**